



SCHOOL OF PRAYER – Begins This Fall

Co-sponsored By

SHALEM INSTITUTE & WASHINGTON NATIONAL CATHEDRAL

In challenging times, we often turn to prayer, searching for meaning and a deeper sense of God's presence. We also may seek new ways of praying and the support of a spiritual community. The *School of Prayer* is especially designed to address these needs.

The *School of Prayer* consists of three six-week group segments (Fall, Winter and Spring) that can be taken separately or progressively throughout the year. Each segment is designed to offer introductions to various ways of praying that draw from the rich treasures of the Christian contemplative tradition. Many modern-day seekers find that these ancient practices are doorways into God and vital spiritual resources for the times we live in. Each session also offers the unique opportunity to experience spiritual community with other participants.

The individual evenings will include a brief teaching about a prayer form, experiential time for opening to God through that particular way of praying, and opportunities for shared reflection with other participants. Each meeting builds on the previous sessions, so participants should plan to attend all six weeks of any segment.

Whether you feel like a beginner in prayer...
Or you want to deepen a particular prayer practice...
If you'd like to explore new ways of praying...
Or are seeking the support of a spiritual community...

The *School of Prayer* offers something for you.

Time: Week 1: 7-9:30 PM Following Weeks: 7-9 PM

Date: Fall Segment Begins Monday, October 19, 2009

Cost: \$90 online registration by 10/12/09; \$105 at-the-door registration

Place: Perry Auditorium, Washington National Cathedral

Staff: Carole Crumley and Bill Dietrich

To Register: For more information and to register, go to www.Shalem.org.

*"No one
is so
advanced in
prayer that
they do not
often have to
return
to the
beginning."*

Teresa of Avila

